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Anne Hilty, PhD, writes on travel and culture (both heritage and arts), and to date has published 195 articles (+ 40 reprints) in 20 publications, 14 books, 1 book chapter, 10 columns, 2 essays, a short story, her thesis, and a few blogs. From New York City, Dr Anne has lived abroad since January 2005 – and has solo-travelled to 113 countries. She now lives in Istanbul and has a company in Hong Kong.

[Featured on Arirang TV: Insight \(Seoul\)](#)

PUBLICATIONS

Books:

[9 Keys to Happiness: Positive Psychology](#)

(©2023; ISBN-13: 9798393027155)

[9 Keys to Creativity: Positive Psychology](#)

(©2023; ISBN-13: 979-8393028435)

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(©2023; ISBN-13: 9798393085742)

[9 Keys to Self-Esteem: Positive Psychology](#)

(©2023; ISBN-13: 9798393099558)

[Cultural Trauma and Healing: The Case of Jeju Island](#)

(©2023; ISBN-13: 9798389108455; ISBN-13: 9798390158838)

[Tales of the Trails: Jeju Olle](#)

(©2023; ISBN-13: 9798388072832; ISBN-13: 9798390157732)

[Dear Jeju, I love you: The unique culture of Jeju Island, Korea](#)

(©2023; ISBN-13: 9798386661779; ISBN-13: 9798390155493)

[Love Letters to Seoul: A Year in Korea](#)

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[Jeju Through a Gendered Lens: Collected Works](#)

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[Goddesses and Strong Jeju Women: Women's Empowerment Through Goddess Mythology](#)

(©2023; ISBN-13: 9798391452171; ISBN-13: 9798391454175)

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(©2015; Sea Grant Center (Jeju Nat'l Univ), w/ The Jeju Weekly, ROK)

[Jeju Island: Reaching to the Core of Beauty](#) [lead author, with contributors]

(©2011; ISBN-10: 8991913830; ISBN-13: 9788991913837)

Chapter:

"Sea Women and Sea Urchin Soup: Jeju Island, Korea" in, [Taste of Islands](#)

(©2012; ISBN-10: 0919013740; ISBN-13: 9780919013742)

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Anthology:

"Sea Girl" [fiction] in, *Imprint*, Hong Kong Women in Publishing (©2017)

"Goddesses, Shamans, and Diving Grannies" [essay] in, *Imprint*, Hong Kong Women in Publishing (©2016)

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- [Strong Jeju women: yesterday and today](#) (07/01/2011)
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- [The Wind and the Sea: Jeju artist Byun Shi-ji](#) (01/21/2011)
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- [Haenyeo communal bonds](#) (11/19/2014)
- [A walk in the woods](#) (10/23/2014)
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- [Jeju through fresh eyes](#) (10/06/2014)
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- Indigenous social enterprise: Jeju haenyeo (03/07/2014, [part I](#) / [part II](#))
- [Sharing trauma and healing](#) (02/03/2014)
- [Haenyeo storytelling through food](#) (01/30/2014)
- [Jeju's seven wonders of architecture](#) (01/13/2014)
- [Jeju haenyeo and UNESCO](#) (01/13/2014)
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- [Boy attendants of Buddhist temples](#) (05/08/2013)
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- [A century of healing - Insoodang Pharmacy and Dr. Han-joo Kim](#) (04/20/2013)
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- [Samseung Halmang and Choseung Halmang, goddesses of childbirth, and death](#) (04/15/2013)
- ['Paradigm shift isn't easy -- but I'm going to try'](#) (04/09/2013)
- [Chilmeoridang Yeongdeunggut, Jeju's UNESCO-protected shamanist rite](#) (04/04/2013)
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- [Jeju traditional medicine - plants that can heal](#) (03/28/2013)
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- [Tales from the Olle path](#) (11/20/2012)
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- [Portrait of a diving woman](#) (08/14/2011)
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- [Haenyeo, the truth behind the tourism](#) (03/11/2011)
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Blogs:

[Anne Hilty Writer](#)
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MEMBERSHIPS

Current: American Mensa / MENSA International; American PEN / PEN International; Business & Professional Women International [Hong Kong, New York chapters]; International Travel Writers Alliance; **Prior:** Asia-Pacific Writers & Translators; Hong Kong Women in Publishing Society; Korea Writers Assn [Jeju chapter]

Writing samples as above & on request